



Sierra Sacramento Valley Medical Society Alliance

Bulletin

The Sierra Sacramento Valley Medical Society Alliance is a non-profit service organization dedicated to improving the quality of health in our community through education, fundraising, and volunteer support.

Alliance Calendar

November 2nd: Joy of Medicine: Family and Medicine, a Balancing Act (see flyer below)

November 6th @ 9:30 am: Board Meeting at the Medical Society Kitchen

November 6th @ noon Lunch Bunch (location TBA)

November 7th @ 5 pm: Book Club (see below for detailed Information)

December 11th @ noon Holiday Luncheon at 33rd Street Bistro (see flyer below)

PRESIDENT'S MESSAGE

This is a busy time for the SSVMSA!! We have concluded our membership drive and you should have received your rosters in the mail. Additionally, you should have received the SSVMS and Alliance's Holiday Sharing Card letter. Contributions will enhance Sierra Sacramento Valley health projects and help support the next generation of medical professionals. Your generosity in 2017 helped us to fund over \$55,000 for Community Health Grants, give over \$22,000 in nursing scholarships and contribute \$7,760 to the Medical Student Scholarship Fund.

Again this year, Northern California, especially Redding, has been devastated by wild fires. To help the people affected by the devastation, the Alliance designated a contribution of \$2,500 to go to fire relief.

Sue Brownridge was kind enough to do extensive research on possible recipients of the donation. Based on her research, the decision was made to donate to the Red Cross specifically for fire victims in Northern California.

As you may be aware, the SSVMS, has been very successful with their Joy of Medicine Program. The Alliance is extending this program for the families of Physicians. In November we will be beginning a four part series: The Joy of Medicine/Family and Medicine. The first meeting will take place on November 2nd at noon at the Medical Society Building. Please see details below! I hope to see many of you there.

All the best,

Mary Sterner-Sosa

ALLIANCE NEWS

Art of Medicine 2018 Live Auction Dinner #2 a roaring success!

On Friday, September 28th, 8 guests enjoyed the East Sac Progressive Dinner at the homes of Dr. Pei-Hsiu and Alice Huang, Dr. Dave and Patty Roberts, and stand ins for Dr. Chris and Gabby Neubuerger (as their home is currently in the throes of remodeling), Deborah and Dave Bonuccelli. This moveable feast auctioned for over \$3,000 at the Art of Medicine, so all involved wanted to see that that every detail was perfect. And it was!

The appetizer and champagne course was served at the Huang's, complete with a Mediterranean Grazing Board, polenta rounds topped with sun dried tomatoes, baked brie bites, and salmon pinwheels. Then off to the Roberts for an amuse bouche of butternut squash soup followed by an extravagant dinner of Mediterranean mussels, grilled lamb, Patty's famous shrimp, caponata, grilled asparagus, potatoes...), all paired with fabulous wines from Dave Robert's personal cellar. Finally, dessert at the Bonuccelli's (Sauterne and coffee served alongside cannoli, panna cotta, and salted caramel affogato), complete with a tour of Deborah's studio after dinner.

All of the guests enjoyed themselves immensely and said they felt they got every penny's worth! Well done and thank you again to the Bonuccellis, Huangs, Neubuergers, and Roberts.

Below, Patty and Gabby on Thursday cooking up a storm in preparation.



Alice with two of the guests and her amazing Mediterranean Grazing Table



Dave Roberts introducing the wines fireside as the guests dive into the mussels on a candlelit table





Find Your Joy of Medicine

Sierra Sacramento Valley Medical Society Alliance Presents:

Family & Medicine, A Balancing Act Group Sessions

Join other spouses/partners of physicians in a four-part group session where participants will explore the joys and challenges for a family involved in the medical world. Attendees will share and discover tools that are proven to be successful in bringing balance to their world.

This group is a safe place for those who want to gather and develop a relationship that will support their growth on their journey. Anyone may attend this session.

When: 12:00pm-1:30pm, November 2, 2018

Location: Sierra Sacramento Valley Medical Society

Lunch will be provided.



RSVP with Mary Sosa

via telephone at (916) 718- 2568

or email at masosa5@icloud.com.



ssvmsa

Invites you to join us

OH, WHAT FUN IT IS...

ALLIANCE HOLIDAY PARTY

33rd Street Bistro

3301 Folsom Boulevard, Sacramento

Tuesday, December 11th 12:00 pm

Guest Speaker – Angela Hanson Muesse, will let us know how The Godmothers charitable organization helps children and families in need. A wish list for the group can be found on Amazon <http://a.co/eYTQ9Ac> and monetary donations can be made to [Paypal.me/MVega130](https://www.paypal.me/MVega130).

RSVP by November 30 to Liz Battaglia 916-382-4657, lizabattaglia@gmail.com, [or on line at ssvmsa.org](http://ssvmsa.org). Bring \$30 check made payable to SSVMSA and gift (if you wish) for The Godmothers.

Free Parking available in parking lot or street.

Red Cross Donation

In August, SSVMSA unanimously voted to donate \$2,500 to the American Red Cross for it's Northern California Fire Relief efforts.

BOOK CLUB

All are welcome, please contact host to RSVP

- **November 7th**: Pachinko by Min Jin Lee (Host: Mariann Fisher (H) 916-443-5409 (C) 916)835-1767/ mafish42@surewest.net. at Khakis' 2600 Fair Oaks Blvd.) space limited
- **December 5th**: The Cellist of Sarajevo by Steven Galloway (Host: Glo Fong (H) 916-359-6992)
- **January 9th**: Luncheon (venue TBA)
- **February 6th**: River of Doubt: Theodore Roosevelt's Darkest Journey (Host: Jerilyn Marr (H) 916-484-6490 (C) 916-524-3624)

RELATED LINKS

Let's be friends! SSVMSA has a new Facebook page! Join us at www.facebook.com/ssvmsa, and like and follow the page! Tag any relevant SSVMSA photos you may have on facebook, with @ssvmsa and #ssvmsa. Please include details on event, date, and tag people in photos if possible.

The SSVMSA is looking for a member with some graphic design experience to help with upcoming projects. If you are interested please contact Mary Sosa: (masosa5@icloud.com)

- [SSVMSA website](#) for additional Medical Alliance information -- visit our revamped website with up to date events calendar, and online capability for event registration, donations and membership renewals!
- [SSVMS website](#) for the Medical Society's calendar of events, lectures, etc
- [CMA Alliance website](#) for Alliance information at the State level
- [CMA website](#) for health care news as well as legislative/legal issues
- [AMA Alliance website](#) for Alliance information at the National level. The AMA Alliance also publishes the [Physician Family](#) magazine, which features a wide assortment of articles focused on the issues and challenges faced by medical families.
- [SSVMSA Facebook Page](#) for events and photos

